

Other University Programs & Transfer Options

Sport, Health, and Physical Education Programs

Fee Category: V

Vancouver Island University offers the following P.E. programs:

- Bachelor of Arts, Major and Minor in Physical Education
- Physical Education Diploma
- University Transfer
 - Bachelor of Human Kinetics
 - Bachelor of Education (Physical Education Major)
 - Bachelor of Science (Kinesiology)

Bachelor of Arts Major and Minor in Physical Education

Degree details

1. Physical Education Diploma

Students must complete 60 semester credit hours of course work with a minimum Grade Point Average of 3 to be eligible for the diploma. Students who have been awarded advanced credit standing must complete a minimum of 30 semester credit hours at VIU, with a Grade Point Average of 3. Students should be aware that admission to the diploma program does not guarantee registration in all the required courses. Please contact the Sport, Health, and Physical Education Department for more information.

A free information session for prospective students is usually held in early spring. Check with the Advising Centre for more details, 250-740-6410, or visit viu.ca/infosessions.

Career Opportunities

Graduates of VIU's Diploma program have found employment in spas, aerobics centres, summer camps, parks, fitness centres, swimming pools, and squash and racquetball clubs. The field has a broad spectrum, and opportunities for employment increase greatly for individuals who possess a university P.E. degree.

Admission Requirements

- General admission requirements apply.
- English 12 with minimum "C" grade, or equivalent.

Notes on Admission

- Application and admission into this program does not guarantee enrolment into any specific courses. This program does not screen applicants, and registration into the courses listed is based on availability and completed course prerequisites.

Start Date and Application Deadline

The program starts in September, and applications are accepted after November 15. *Late Application Date--March 31*: applications received after this date will be considered "late"; a later registration date will be assigned, which may mean that course selection is limited.

Fees

Tuition fees for this program are calculated using Fee Category V. Students are also assessed a Students' Union fee and a Student Activity fee. Full-time students at Nanaimo campus are assessed a Health & Dental Plan fee. To see how fees are calculated, [click here](#).

Program Outline

Physical Education Diploma	
All students must complete the following PHED THEORY courses: PHED 201 (Human Anatomy) PHED 202 (Dynamics of Motor Skills Acquisition) PHED 220 (Intro to Human Physiology II) PHED 260 (Sport, Leisure and Physical Activity in Canadian Society) PHED 280 (Physical Growth and Motor Development)	15
A minimum of six PHED Analysis courses	12
Degree English Requirement	6
Electives	27

2. University Transfer

1 or 2 years

The Program

VIU's Physical Education University Transfer program provides years one and two of study towards a degree that can be completed at the University of British Columbia, University of Victoria, or Simon Fraser University.

Admission Requirements

- General admission requirements apply.
- English 12 with minimum "C" grade, or equivalent.

Start Date and Application Deadline

Students can start the program in September or January; however, the selection of courses is usually greater in the Fall semester. Applications for September classes are accepted after November 15.

Late Application Date--March 31: applications received after this date will be considered "late"; a later registration date will be assigned, which may mean that course selection is limited.

Fees

Tuition fees for this program are calculated using Fee Category V. Students are also assessed a Students' Union fee and a Student Activity fee. Full-time students at Nanaimo campus are assessed a Health & Dental Plan fee. To see how fees are calculated, [click here](#).

3. UBC Transfer

Bachelor of Human Kinetics

Three streams of study are available at UBC: Kinesiology and Health Science, Human Kinetics Interdisciplinary Studies, and Physical and Health Education. While not all required first and second-year courses are offered at Vancouver Island University, students can usually complete year one.

Program Outline (for Physical and Health Education stream only)

YEAR 1 only	Credits
ENGL 115 (University Writing and Research)	3
PHED 201 (Human Anatomy)	3
PHED 202 (Dynamics of Motor Skills Acquisition)	3
PHED 220 (Intro to Human Physiology II)	3
PHED 260 (Sport, Leisure and Physical Activity in Canadian Society)	3
PHED 280 (Physical Growth/Motor Development)	3
*Non PHED Electives	12
Total Credits	30

Students considering other options at UBC should consult with an Advisor.

** Students going into teaching will select electives to fulfill a second teaching area (consult a UBC calendar). Students planning on entering the 12-month Secondary Education program at UBC must complete the four-year Bachelor of Human Kinetics first.*

It is strongly recommended that students planning to transfer consult the UBC Calendar Part II Undergraduate Admission, Specific Program Requirements for Application from a Secondary School in BC/Yukon.

4. UVic Transfer

Bachelor of Education-Secondary (P.E. Major)

Transfer and admission to UVic Bachelor of Education Secondary (PE Major) requires approval of the School of Exercise Science, Physical and Health Education; this program is restricted by

quotas, and not all qualified applicants will necessarily be admitted.

Students can normally complete the first two years of the degree at Vancouver Island University and can transfer to UVic with Physical Education analysis and theory deficiencies. Missing program requirements can be met once the student is accepted into UVic's School of Exercise Science, Physical and Health Education program, and necessary courses are completed.

The Bachelor of Education (Secondary) program indicates that the graduate is prepared to teach two high school subjects and has successfully completed two appropriate Majors.

Notes:

- All P.E. students should see an Education Advisor prior to the selection of courses.
- VIU 3 credits equals UVic 1.5 units.

Program Outline

YEAR 1	Credits
PHED 201 (Human Anatomy)	3
PHED 202 (Dynamics of Motor Skills Acquisition)	3
PHED 260 (Sport, Leisure and Physical Activity in Canadian Society)	3
3 PHED Analysis* courses	6
Any two of the following courses:** ENGL 115 (University Writing and Research) ENGL 125 (Literature and Culture) ENGL 135 (Literature and Criticism)	6
Electives & 2nd Major (program requirements can vary)	12
Total Credits	33

YEAR 2	Credits
PHED 220 (Intro to Human Physiology II)	3
PHED 280 (Physical Growth & Motor Development)	3
4 PHED Analysis* courses	8
Electives & 2nd Major (program requirements can vary)	20
Total Credits	34

* The UVic degree requires that students complete 11 Analysis courses. Specific PHED Analysis courses are: PHED 110, 112, 120, PHED 124, 126, 128; one of PHED 105, 150, 154; one of PHED 107, 130; one of PHED 134, 135; and 2 elective analysis courses.

** In addition to 6 credits of English, UVic Faculty of Education may require written English competency. See UVic calendar or VIU Advisor for clarification.

Note: VIU Students wishing to transfer to UVic must complete 24 credits including 6 credits of English plus PHED 201 and 260. For admissibility to the Faculty of Education, see UVic Calendar - Secondary Bachelor of Education Program Admission Requirements.

Bachelor of Science (Major in Kinesiology)

YEARS 1 and 2	Credits
BIOL 121/122* (Intro. Zoology/Plant Biology)	8
CHEM 121/122* (Chemistry Fundamentals)	8
PHYS 111/112* <i>or</i> 121/122*	8
MATH 121/122	6
PHED 201* (Human Anatomy)	3
PHED 202 (Dynamics of Motor Skills Acquisition)	3
PHED 220* (Intro to Human Physiology II)	3
PHED 260 (Sport, Leisure and Physical Activity in Canadian Society)	3
3 PHED Analysis courses	6
Any two of the following courses: ENGL 115 (University Writing and Research) ENGL 125 (Literature and Culture) ENGL 135 (Literature and Criticism)	6
Electives	15
Total Credits	69

** Science-designated units. To qualify for the Bachelor of Science degree, 33 Science designated units must be completed within the program.*

Note: Students wishing to apply to the University of Victoria must complete 24 credits including a minimum of 12 credits of science-designated credits, 6 credits of English, and PHED 260, and a minimum GPA of "B" on the most recent session.

5. SFU Transfer

Simon Fraser University offers a Bachelor of Science (Kinesiology), as well as a Kinesiology Minor. Students are advised to consult the Physical Education Advisor for more information.

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